

SCP Snack Menu September 2022				
Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b><u>A.M. SNACK</u></b> Kix (WG) Milk <b><u>P.M. SNACK</u></b> Cheddar Sun Chips (WG) Grape Juice	2 <b><u>A.M. SNACK</u></b> Banana muffin (WG) Milk <b><u>P.M. SNACK</u></b> Goldfish crackers (WG) Grape Juice
6  <b>SCP CLOSED Labor Day</b>	6 <b><u>A.M. SNACK</u></b> Chocolate Chip or Cinnamon Muffin (WG) Milk <b><u>P.M. SNACK</u></b> Vanilla yogurt Apple Juice	7 <b><u>A.M. SNACK</u></b> Toasted Oats (WG) Milk <b><u>P.M. SNACK</u></b> Pretzels Apple Juice	8 <b><u>A.M. SNACK</u></b> Corn chex (WG) Milk <b><u>P.M. SNACK</u></b> Low-fat string cheese Apple Juice	9 <b><u>A.M. SNACK</u></b> Mini wheats (WG) Milk <b><u>P.M. SNACK</u></b> Gardetto's Apple Juice
12 <b><u>A.M. SNACK</u></b> Corn flakes Milk <b><u>P.M. SNACK</u></b> Graham crackers (WG) Grape Juice	13 <b><u>A.M. SNACK</u></b> Fresh fruit mix Milk <b><u>P.M. SNACK</u></b> Wheat Thins (WG) Grape Juice	14 <b><u>A.M. SNACK</u></b> Crispy rice Milk <b><u>P.M. SNACK</u></b> Tortilla Chips (WG) Grape Juice	15 <b><u>A.M. SNACK</u></b> Kix (WG) Milk <b><u>P.M. SNACK</u></b> Cheddar Sun Chips (WG) Grape Juice	16 <b><u>A.M. SNACK</u></b> Blueberry Muffin (WG) Milk <b><u>P.M. SNACK</u></b> Goldfish crackers Grape Juice
19 <b><u>A.M. SNACK</u></b> Rice Chex (WG) Milk <b><u>P.M. SNACK</u></b> Carrots Apple Juice	20 <b><u>A.M. SNACK</u></b> Banana Muffin (WG) Milk <b><u>P.M. SNACK</u></b> Vanilla yogurt Apple Juice	21 <b><u>A.M. SNACK</u></b> Toasted Oats (WG) Milk <b><u>P.M. SNACK</u></b> Pretzels Apple Juice	22 <b><u>A.M. SNACK</u></b> Corn Chex (WG) Milk <b><u>P.M. SNACK</u></b> Low-fat string cheese (WG) Apple Juice	23 <b><u>A.M. SNACK</u></b> Mini wheats (WG) Milk <b><u>P.M. SNACK</u></b> Gardetto's Apple Juice
26 <b><u>A.M. SNACK</u></b> Corn flakes Milk <b><u>P.M. SNACK</u></b> Graham crackers (WG) Grape Juice	27 <b><u>A.M. SNACK</u></b> Fresh fruit mix Milk <b><u>P.M. SNACK</u></b> Wheat Thins (WG) Grape Juice	28 <b><u>A.M. SNACK</u></b> Crispy rice Milk <b><u>P.M. SNACK</u></b> Tortilla Chips (WG) Grape Juice	29 <b><u>A.M. SNACK</u></b> Kix (WG) Milk <b><u>P.M. SNACK</u></b> Cheddar Sun Chips (WG) Grape Juice	30 <b><u>A.M. SNACK</u></b> Chocolate Chip or Cinnamon Muffin (WG) Milk <b><u>P.M. SNACK</u></b> Goldfish crackers Grape Juice

(All juice is 100% fruit juice—no sugar added; “WG” indicates a whole-grain rich food; all milk is fat-free or 1%)

