

SCP Snack Menu November 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 <u>A.M. SNACK</u> Crispy rice Milk <u>P.M. SNACK</u> Tortilla chips (WG) Grape Juice	2 <u>A.M. SNACK</u> Fresh fruit mix Milk <u>P.M. SNACK</u> Wheat thins (WG) Grape Juice	3 <u>A.M. SNACK</u> Kix Milk <u>P.M. SNACK</u> Cheddar sun chips (WG) Grape Juice
6 <u>A.M. SNACK</u> Rice Chex (WG) Milk <u>P.M. SNACK</u> Carrots Apple Juice	7 <u>A.M. SNACK</u> Muffin (Variety, WG) Milk <u>P.M. SNACK</u> Vanilla Yogurt Apple Juice	8 <u>A.M. SNACK</u> Toasted Oats (WG) Milk <u>P.M. SNACK</u> Pretzels Apple Juice	9 <u>A.M. SNACK</u> Corn chex (WG) Milk <u>P.M. SNACK</u> Low-fat string cheese Apple Juice	10 SCP CLOSED Parent-Teacher Conferences
13 <u>A.M. SNACK</u> Corn flakes Milk <u>P.M. SNACK</u> Graham crackers (WG) Grape Juice	14 <u>A.M. SNACK</u> Muffin (Variety, WG) Milk <u>P.M. SNACK</u> Goldfish crackers (WG) Grape Juice	15 <u>A.M. SNACK</u> Crispy rice Milk <u>P.M. SNACK</u> Tortilla chips (WG) Grape Juice	16 <u>A.M. SNACK</u> Fresh fruit mix Milk <u>P.M. SNACK</u> Wheat thins (WG) Grape Juice	17 <u>A.M. SNACK</u> Kix Milk <u>P.M. SNACK</u> Cheddar sun chips (WG) Grape Juice
20 <u>A.M. SNACK</u> Rice Chex (WG) Milk <u>P.M. SNACK</u> Carrots Apple Juice	21 <u>A.M. SNACK</u> Muffin (Variety, WG) Milk <u>P.M. SNACK</u> Vanilla Yogurt Apple Juice	22 <u>A.M. SNACK</u> Toasted Oats (WG) Milk <u>P.M. SNACK</u> Pretzels Apple Juice	23 SCP CLOSED Happy Thanksgiving!	24 SCP CLOSED Happy Thanksgiving!
27 <u>A.M. SNACK</u> Corn flakes Milk <u>P.M. SNACK</u> Graham crackers (WG) Grape Juice	28 <u>A.M. SNACK</u> Muffin (Variety, WG) Milk <u>P.M. SNACK</u> Goldfish crackers (WG) Grape Juice	29 <u>A.M. SNACK</u> Crispy rice Milk <u>P.M. SNACK</u> Tortilla chips (WG) Grape Juice	30 <u>A.M. SNACK</u> Fresh fruit mix Milk <u>P.M. SNACK</u> Wheat thins (WG) Grape Juice	

(All juice is 100% fruit juice—no sugar added; “WG” indicates a whole-grain rich food; all milk is fat-free or 1%)

